

# Skills development review

*Note: This tool forms part of a suite of guidance documents, tools and templates developed by the IPS Grow consortium. It should be read in conjunction with document "2.0 Introduction to IPS Grow delivery tools". Further information can be found at [www.ipsgrow.org.uk](http://www.ipsgrow.org.uk). Please ensure you adapt this document fully to comply with local requirements. This tool was last updated June 2018.*

Confidence																			
On a Scale of 1 – 10 how confident do you think you are and why?																			
Comments										Other people's comments									
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10

Communication

On a Scale of 1 – 10 how well do you feel you communicate with others?																					
Comments											Other people's comments										
1	2	3	4	5	6	7	8	9	10	0	1	2	3	4	5	6	7	8	9	10	

Motivation																				
On a Scale of 1 – 10 how motivated do you think you are and why?																				
Comments										Other people's comments										
1	2	3	4	5	6	7	8	9	10	1	2	3	4	5	6	7	8	9	10	

What work skills do you think you have?	
Personal Comments	Comments from others

## Individual Employment Plan

Overall work Goal:
Short term goal:

Strengths towards achieving goal	Barriers towards achieving goal

Steps for moving towards goal

